

Trauma Invested Practices for Families

Wallingford-Swarthmore School District Family Mental Health Engagement Series

“Addressing Worry through Trauma Invested Practices”

For families with Students in Grades K-5



November 3, 6-7:30 pm via Zoom: Click [here](#)

Meeting details: Dial-in: 301-715-8592, Meeting ID: 916 1175 6804, Passcode: 028918

Presented by Eve J. Cannon, LPC, ATR-BC, NCC & Jordan A. Katz, MSW, LSW

Eve J. Cannon is a licensed professional counselor, board certified art therapist, and holistic health coach with a Master of Arts in Counseling from Caldwell University and Bachelor of Arts in Theatre Performance from Marymount Manhattan College. She has over a decade of experience working with children and adults providing clinical mental health and educational services in school, outpatient, residential, hospital, and private practice settings. Eve specializes in helping people use art as a tool to communicate and process challenging emotions and experiences, as well as upgrading lifestyle practices to improve overall wellbeing. Eve also holds a professional certificate in Holistic Health Counseling from Institute for Integrative Nutrition.

Jordan A. Katz is a Licensed Social Worker in New Jersey and Pennsylvania. Her clinical interests include OCD, anxiety disorders, emetophobia, mental health stigma, and access to mental health care. Jordan holds a BA from Hofstra University and Master of Social Work from Baylor University, where she graduated with highest honors and was named Outstanding MSW Student of the Year. Before joining Effective School Solutions, Jordan spent five years in behavioral health specializing in the treatment of OCD, anxiety disorders, and phobias in Houston and Philadelphia. She currently resides in New Jersey and maintains an active clinical role by working in private practice with children, teens, and adults who struggle with OCD and anxiety disorders. Jordan is dedicated to raising awareness, providing education, and encouraging hope in order to improve the lives of those living with mental illnesses.

Upcoming Events in the Series, 6-7:30 pm

January 12: *“Breaking the Cycle of Self-Harm”* (Grades 6-12)

March 23: *TBD* (Grades K-5)

May 24: *TBD* (Grades 6-12)